

The Amoskeag Fishways Presents...

The Current

October - December 2018

celebrate the Magic of the Merrimack!

Special Programs

Eyes on Owls

Saturday, November 10

Three presentations at the Fishways!

10-10:45am, 11:30-12:15pm, 1:00-2pm

Live owls will be our guests with owl expert and naturalist team Marcia and Mark Wilson. Learn all about NH owls, what they look like and where they might be found. Best of all, see these wonderful birds of the night close up!

Cost:

45 minute programs: \$7 per person

1 hour program: \$10 per person

Two yr. old and under, FREE

Space is limited.

Registration with payment required

Everyday Mindfulness for a Meaningful Life

Friday, December 7

At the McLane Audubon Center

9:30 – 11:00am

Guide and Leader: Helen Dalbeck

Mindfulness is simply paying attention on purpose to the present moment. Helen will model and teach participants how to bring awareness to their breath and our movements while sitting and walking. There will be a slowing down, meditative quality to these activities and a natural awakening of the senses. Join us to focus on the breath.

Learn to sit and move with attention, and to walk with purpose and peace. Explore these methods and discover yourself again and again.

Cost: \$10 per person for Audubon members,

\$15 per person for non-members

Registration with payment required by calling McLane Audubon 224-9909.

Visitor Center Hours

Open Monday - Saturday

9 am - 5 pm before December 1

9 am - 4 pm after December 1

Special Event

Fishways Annual Open House

Thursday, December 27

11am – 3pm

Spend a day of your school vacation enjoying a party at the Fishways! Our annual “thank you” Open House features presentations about “Frigid Fish, ‘Frogsicles’ and other Amazing Winter Wildlife Tricks”. Create fun crafts, eat yummy treats and win door prizes. Try not to miss this fun annual event!

FREE, for all ages

No registration necessary



Homeschool Programs

Edison's Workshop

Friday, October 12

10am - 11:30am

Turn back the clock and explore Thomas Edison's workshop. Students learn the basics of electricity and electricity use, then conduct their own experiment in building a light bulb.

Cost: \$5 per student, ages 9 and up

Registration with payment required

A Village Along the Merrimack

Friday, November 9

10am - 11:30am

Students are taken back to the days when the Amoskeag Falls was the site of large Penacook fishing villages. The program naturalist will help participants explore the everyday world of the Penacook people, interpret artifacts, play games and examine natural materials necessary to life long ago. ***KIND**

Cost: \$5 per student, ages 6 and up

Registration with payment required

Birds in your Neighborhood

Friday, December 14

10am - 11:30am

Birds are all around us, even in the city. In this program students view actual bird wings, feet, skulls and a skeleton, and engage in activities that help them understand special bird adaptations and behavior. Outdoor observation increases students' awareness by viewing birds they might not have noticed before. ***KIND**

Cost: \$5 per student, ages 6 and up

Registration with payment required

Saturday Nature Seekers

Saturdays

11am - 12pm

We have fun nature programs for all ages. Stop by with your family to learn something new about vultures and owls or make beautiful holiday decorations for your home!

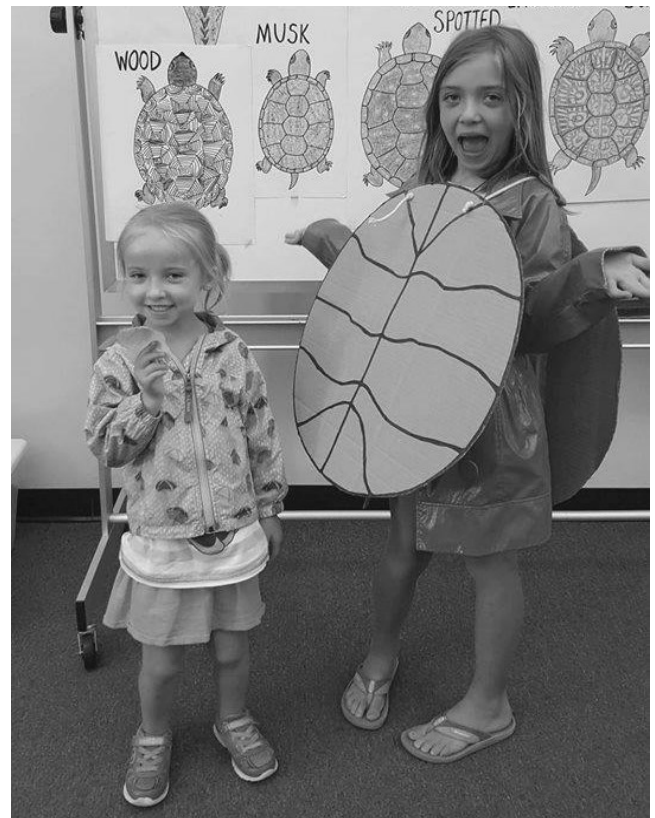
Turkey Vultures – October 6, 13, 20, 27 *KIND

Owls – November 17 *KIND

Natural Creations – December 1, 8, 15

Donation of \$5 per family encouraged

No registration required



Fishways award-winning School and Group programs are available!

Go to www.amoskeagfishways.org for a list of offerings and call (603) 626-FISH to book a program for your school, scout or civic group today!

***KIND** programs focus on teaching care and compassion towards all life.

Amoskeag Fishways Partnership since 1995

Central Rivers Power—NH Audubon—US Fish and Wildlife—NH Fish and Game